



COVENANT 15:16 LLC

DEVELOPING A "NEW NORMAL"

BRINGING FAMILIES AND PROFESSIONALS TOGETHER

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About the Author



Shawn Thomas Capell. M.S., BCBA, LBA

Shawn Thomas Capell, MS., BCBA, graduated from Johnson & Wales University in 2007 with an Associate of Science in Restaurant Management and a Bachelor of Science in Hospitality Management. After five years in the field of hospitality, Mr. Capell returned to Caldwell University where he obtained a Bachelor of Arts degree in Psychology. Additionally, he obtained a Master of Science degree in Psychology with a concentration in Applied Behavior Analysis from Capella University. In March 2017, Mr. Capell completed all requirements to obtain certification as a Board-Certified Behavior Analyst® (BCBA®) and successfully passed his board certification exam. Mr. Capell is the Owner and Clinical Director of Covenant 15:16 LLC, an agency based from the principles of Applied Behavior Analysis. Mr. Capell's clinical and research interests include parent/staff training, adults with disabilities, multicultural and diversity concerns within the field of Applied Behavior Analysis (ABA), aggression in adults, and working with sexual offenders with dual diagnosis. Mr. Capell maintains membership in the Association for Behavior Analysis International (ABAI), the New Jersey Association for Behavior Analysis (NJABA), and the Association of Professional Behavior Analyst (APBA). Mr. Capell additionally holds the (LBA) license within the state of Texas.

DEVELOPING A “NEW NORMAL”

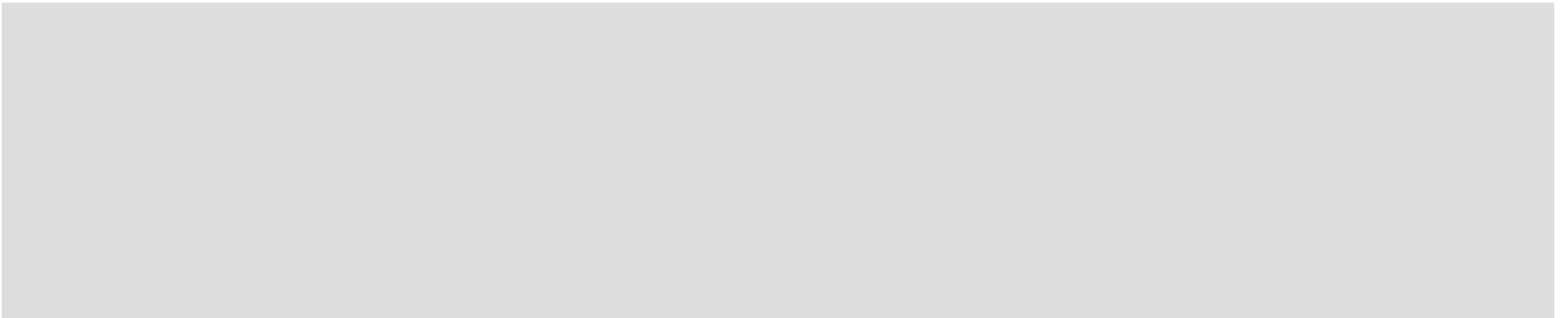


Congratulations on taking the first step towards creating a "New Normal" for your family.

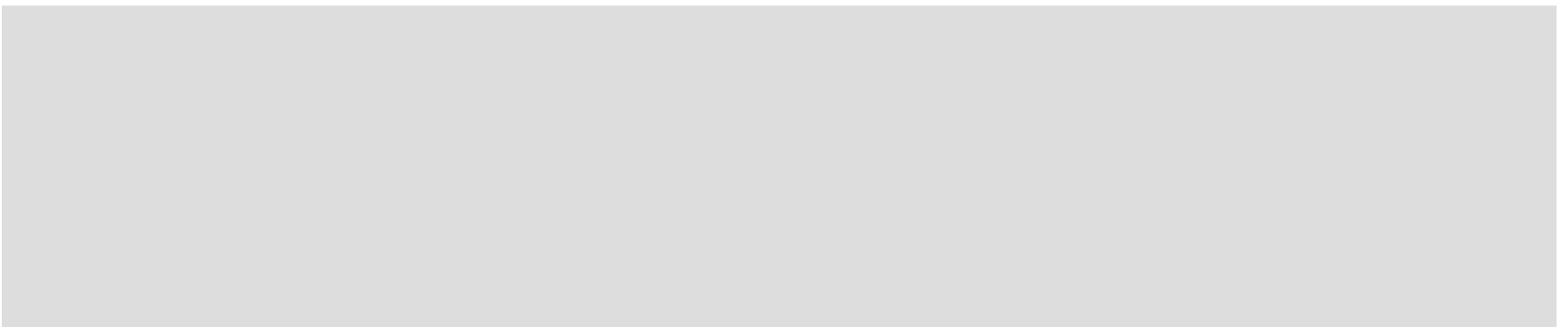
Simply by downloading this eBook, you have started the process of developing a clear vision for your family for years to come. The purpose of this book is to help you identify different goals and dreams for your children while creating a road map to success for your family. This document should be used as a workbook and feel free to change/modify your answers often. There will be some difficult items and questions that will require serious consideration. With that being said, take your time with this eBook. It would be a great idea to have all members of your family complete each question separately (or in a group) so that your entire village can start working towards your "New Normal"

Section 1: Identifying Your Village

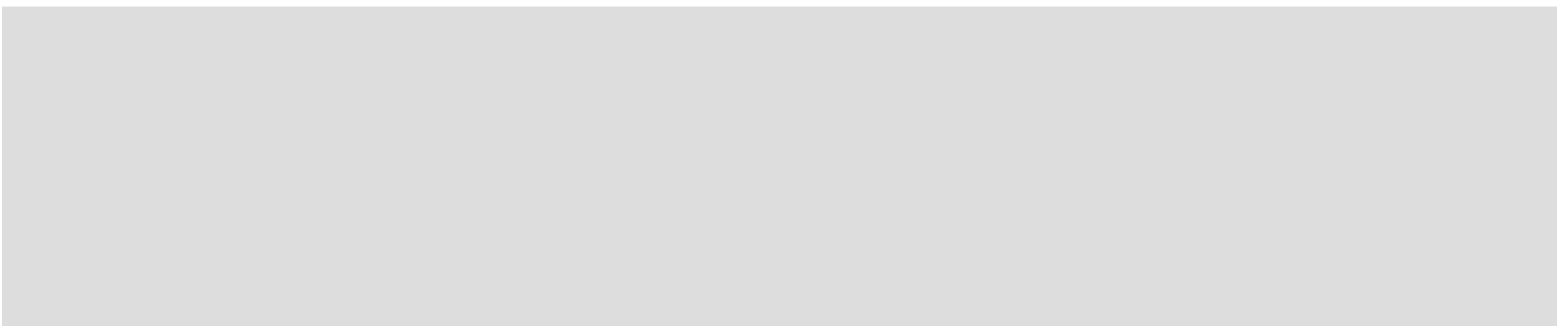
Who is in your current immediate family unit?



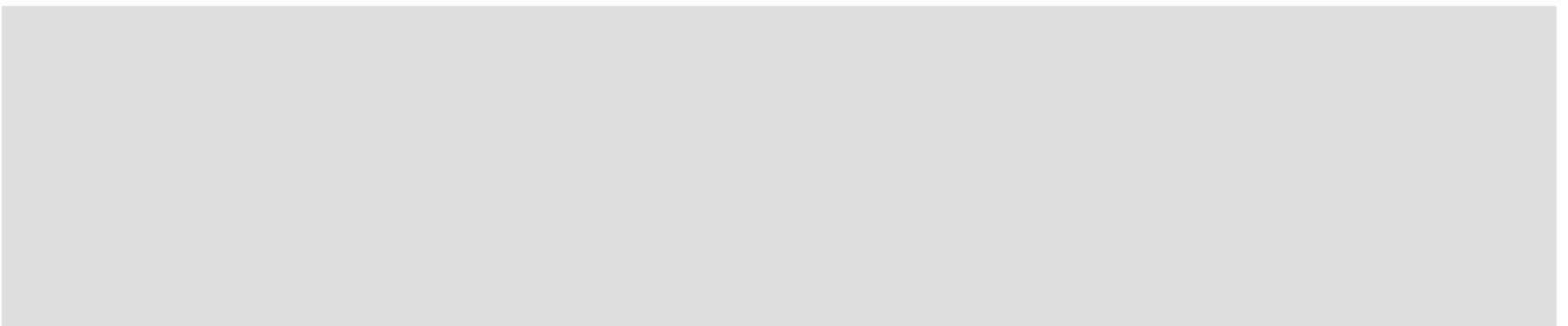
Who is in your extended family unit?



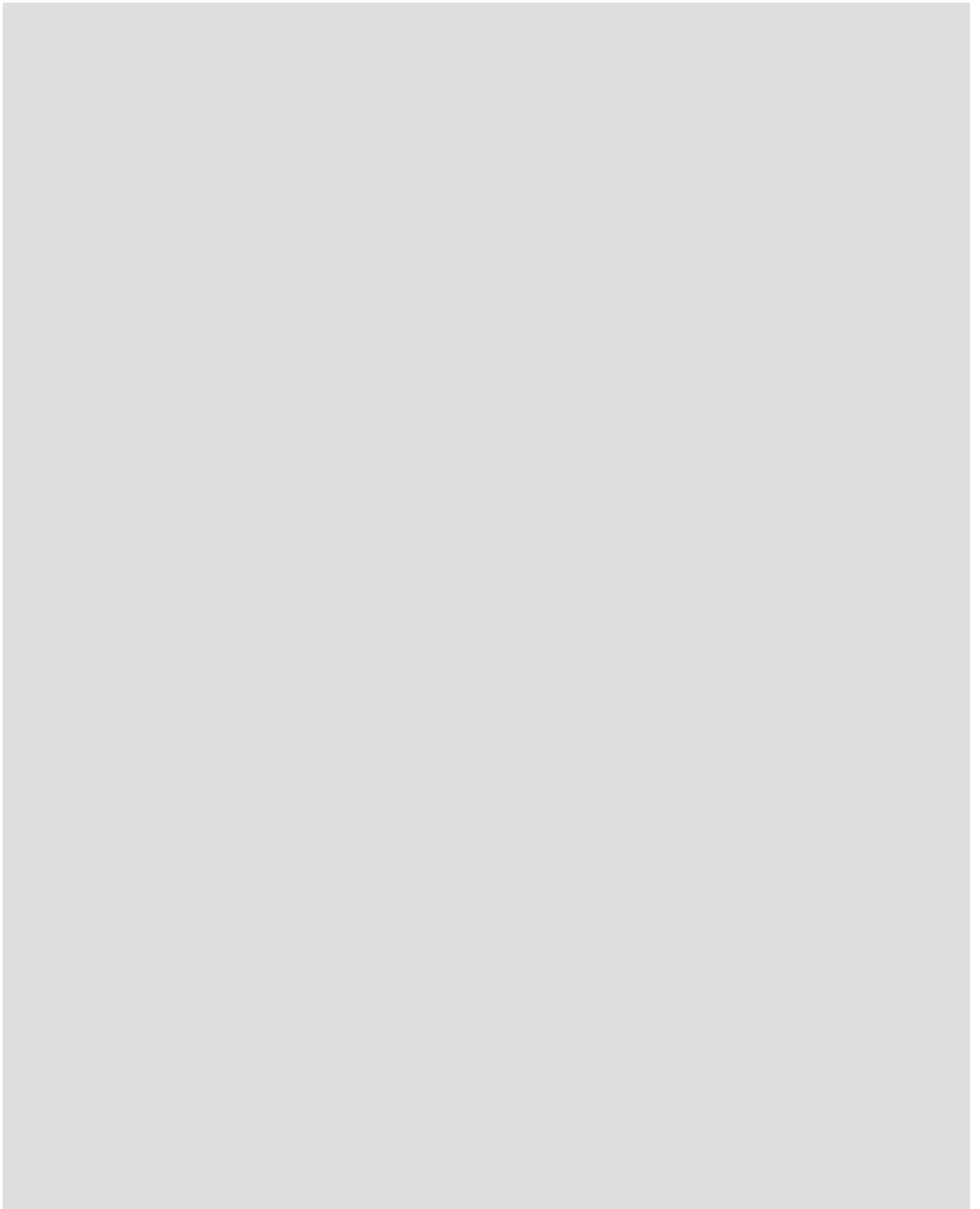
When you look around your life, who would you consider to be family (non biological)?



In the event you are not able to take care of your child, who are the people around you that would step in and ensure your child receives all the things he/she needs?

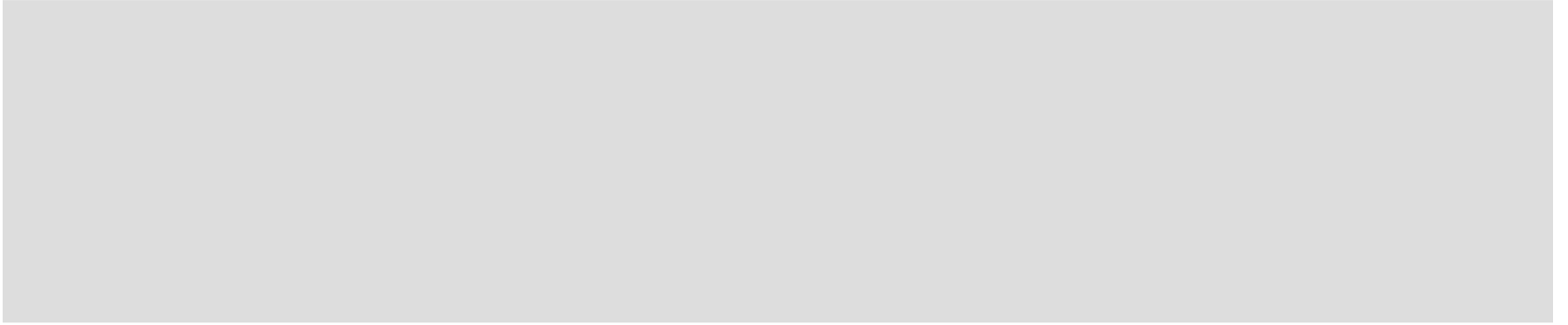


Are there any other individuals who you considered to be your village?

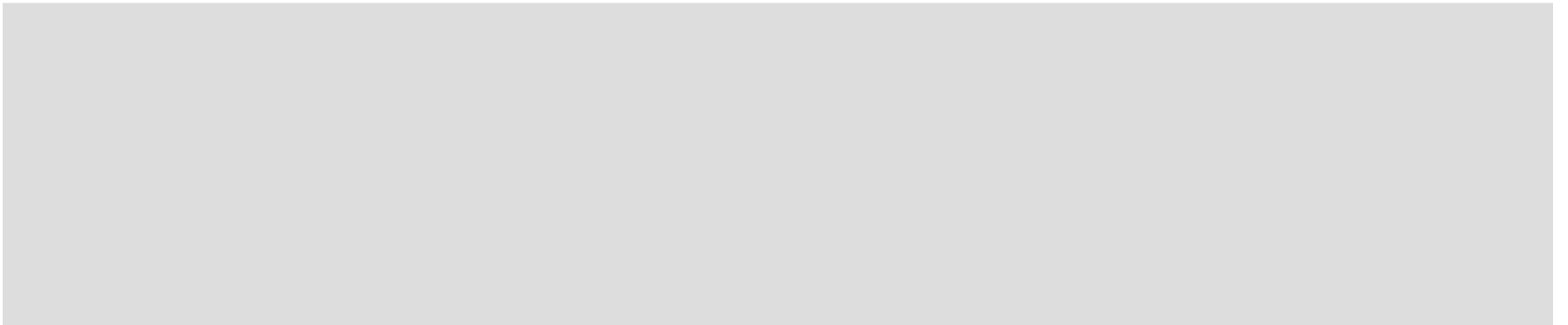


Section 2: Your Vision

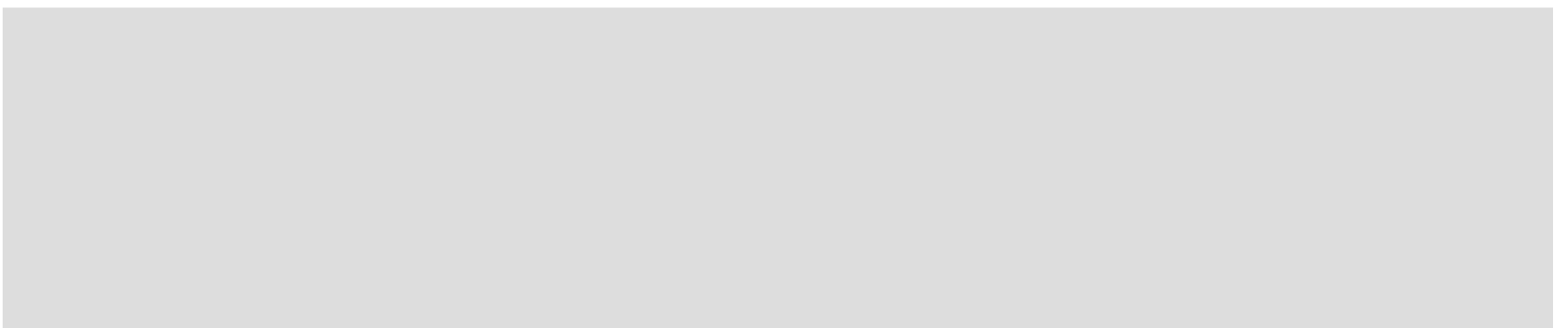
What is your vision for your child for the next year?



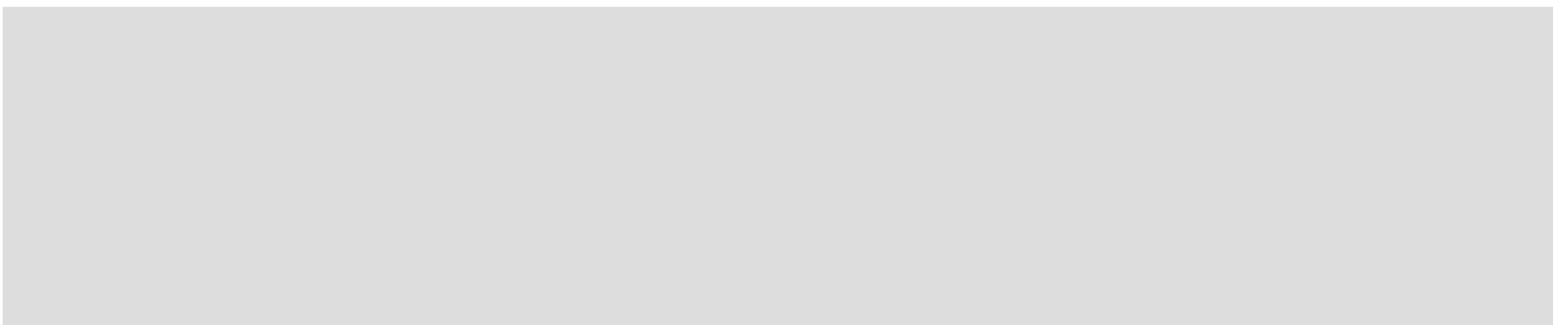
What is your vision for your child for the next 5 years?



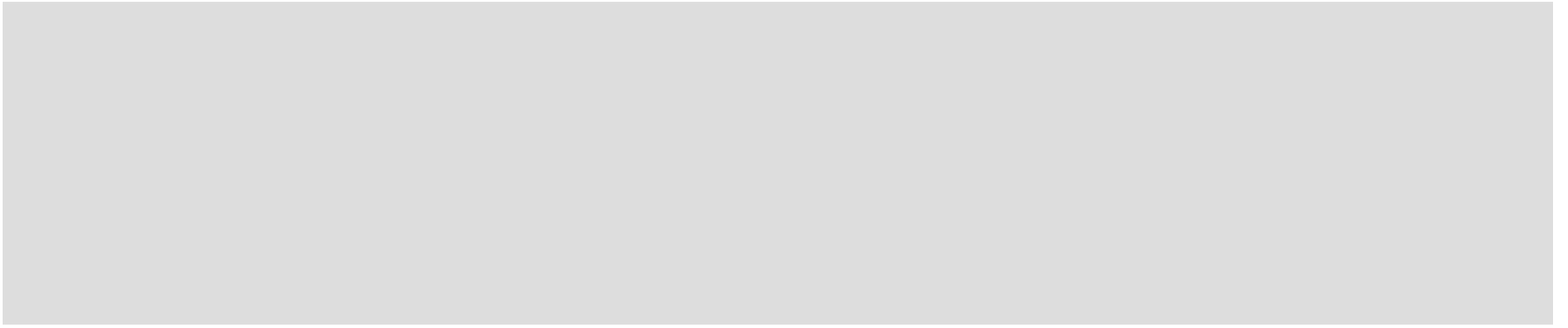
What is your vision for your child for the next 10 years?



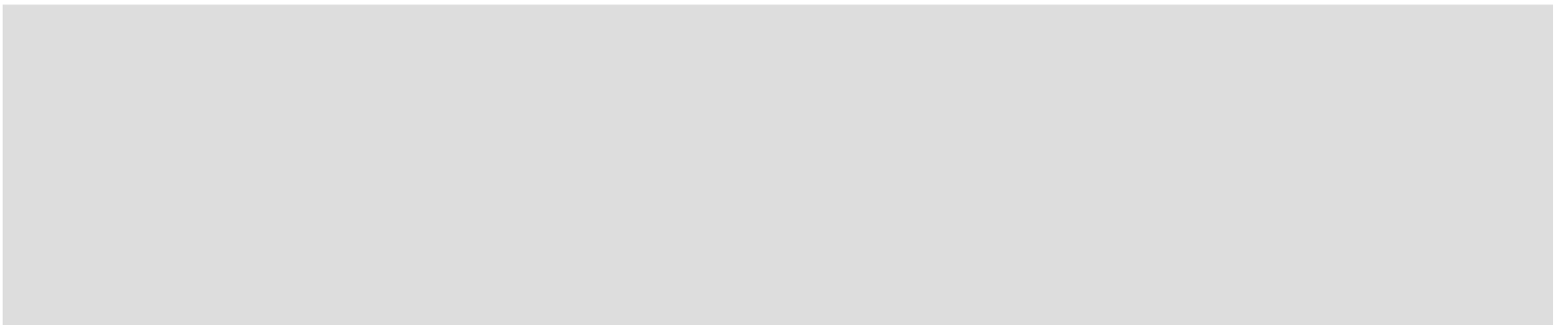
What is your vision for your child for the next 20 years?



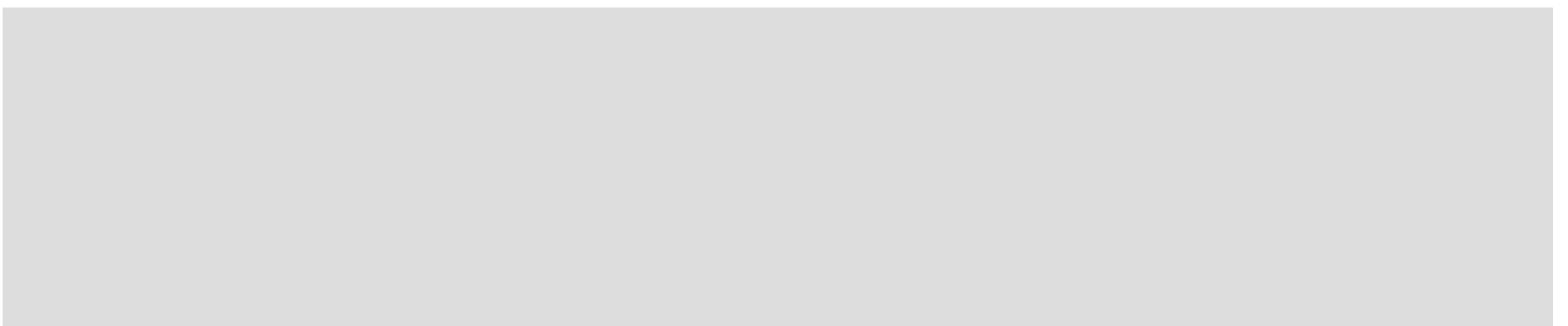
What is your vision for your child for the remainder of his life?



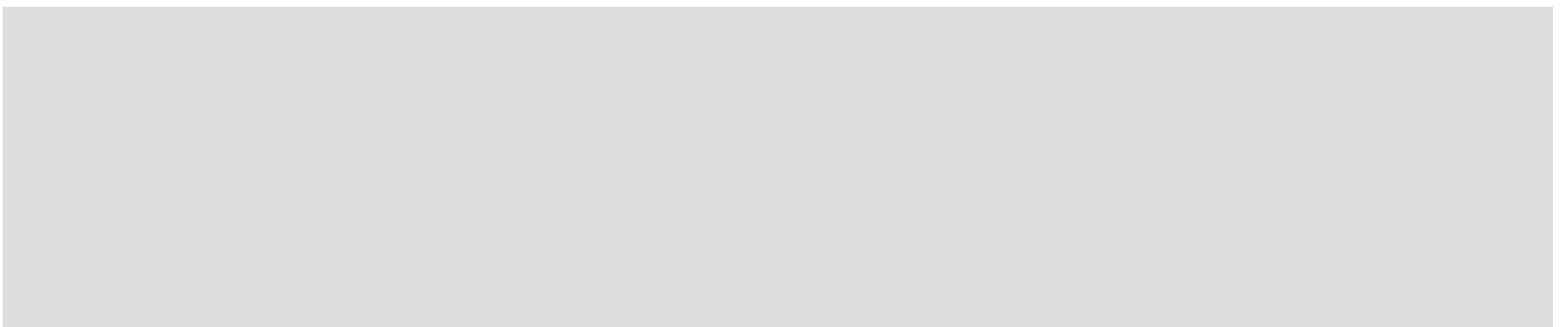
Where do you want your child to live? (Home, Group Home, Supported Housing)



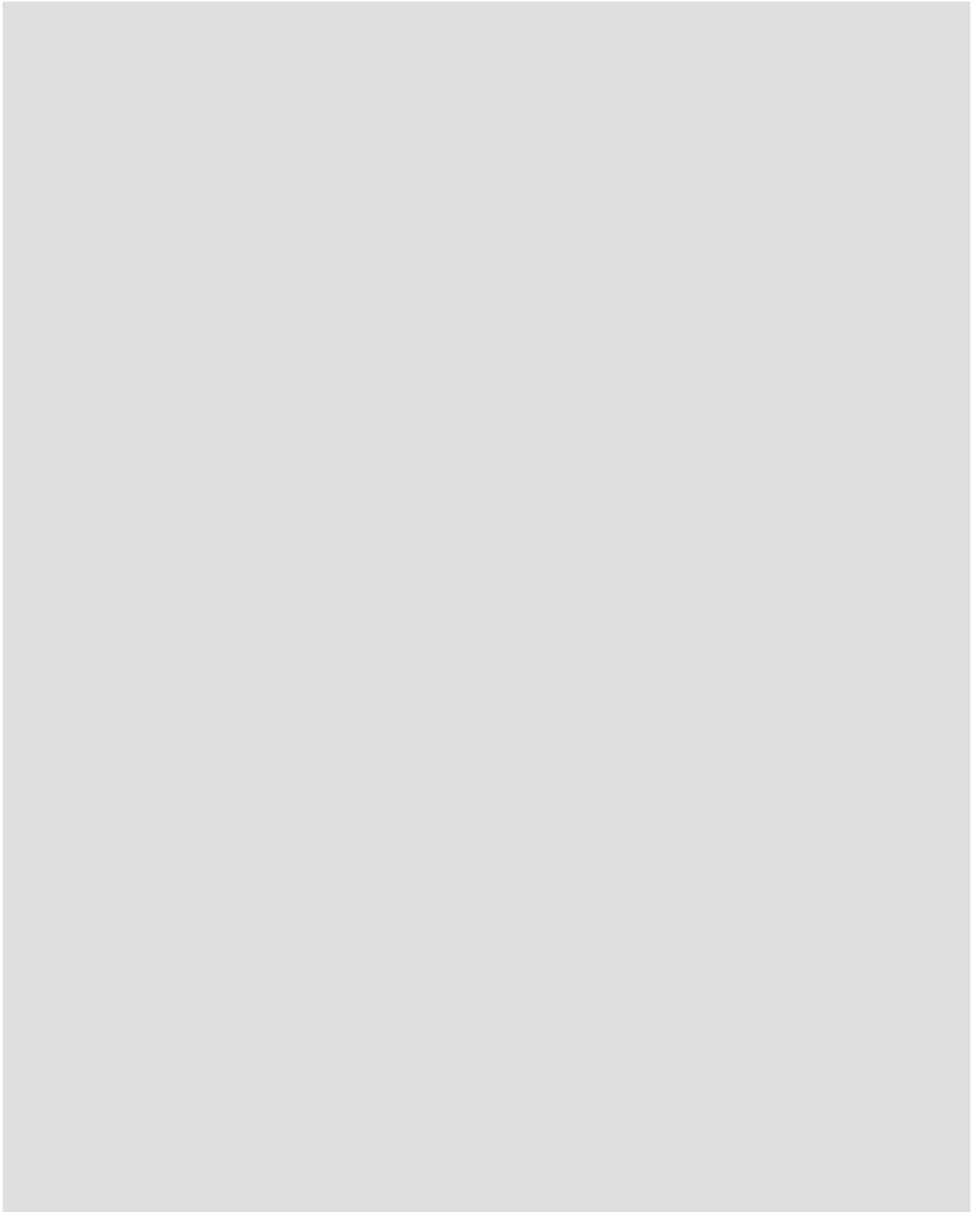
Do you think your child will be able to live alone within the community?



Will your child be able to make their own decisions? (Guardianship)

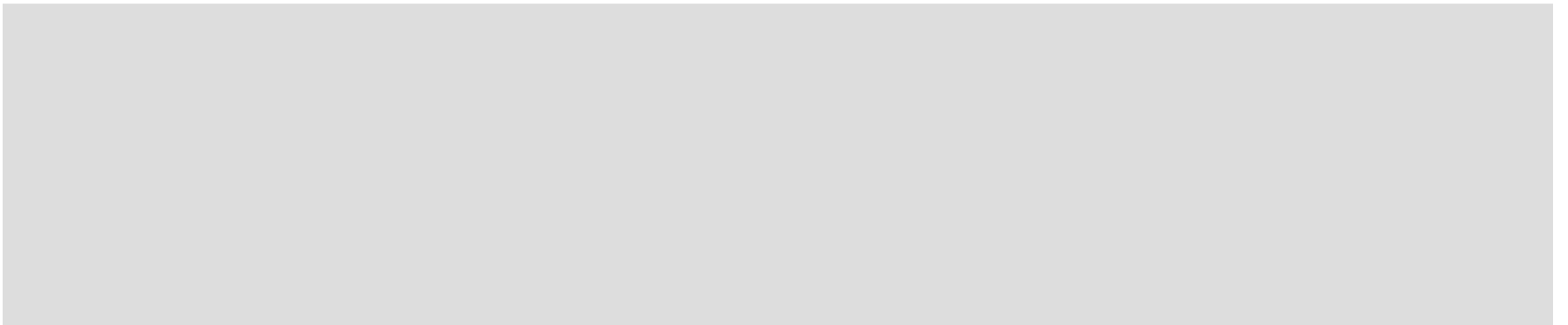


In one paragraph indicate your ultimate vision for your child's life.

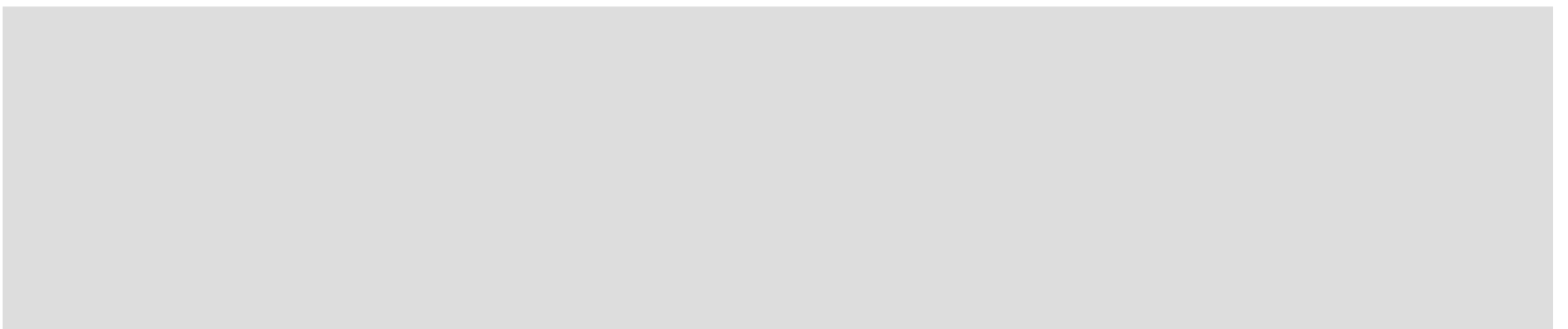


Section 3: Strengths & Areas of Opportunity

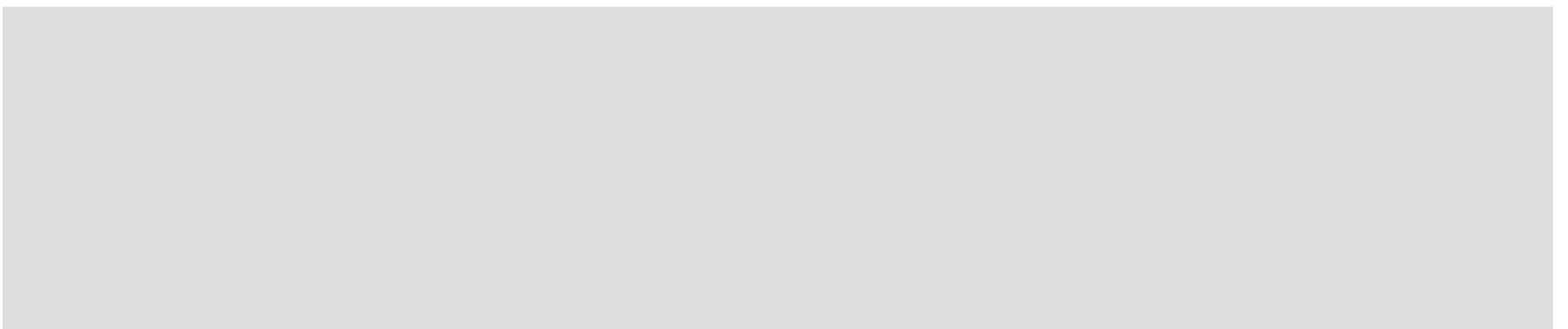
What are your (parents) strengths regarding your child's diagnosis?



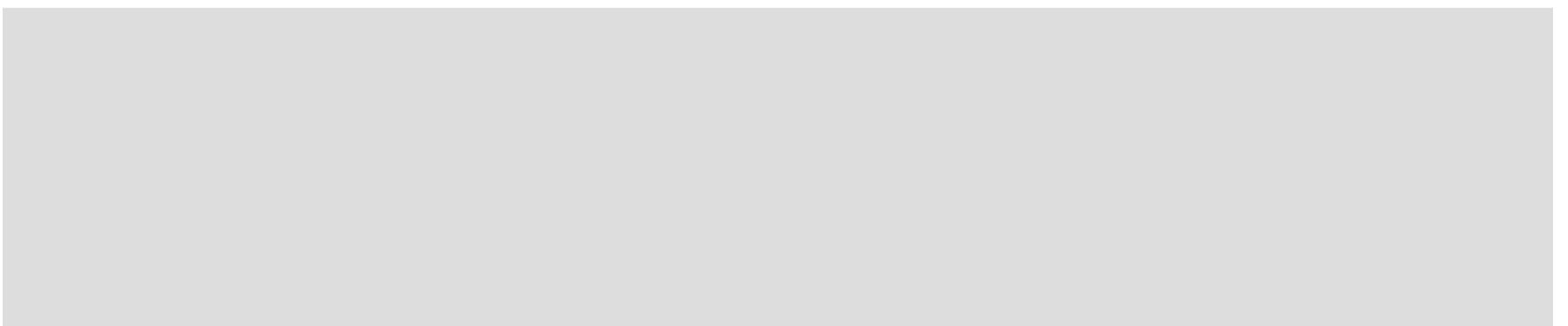
What are your (parents) area of opportunity regarding your child's diagnosis?



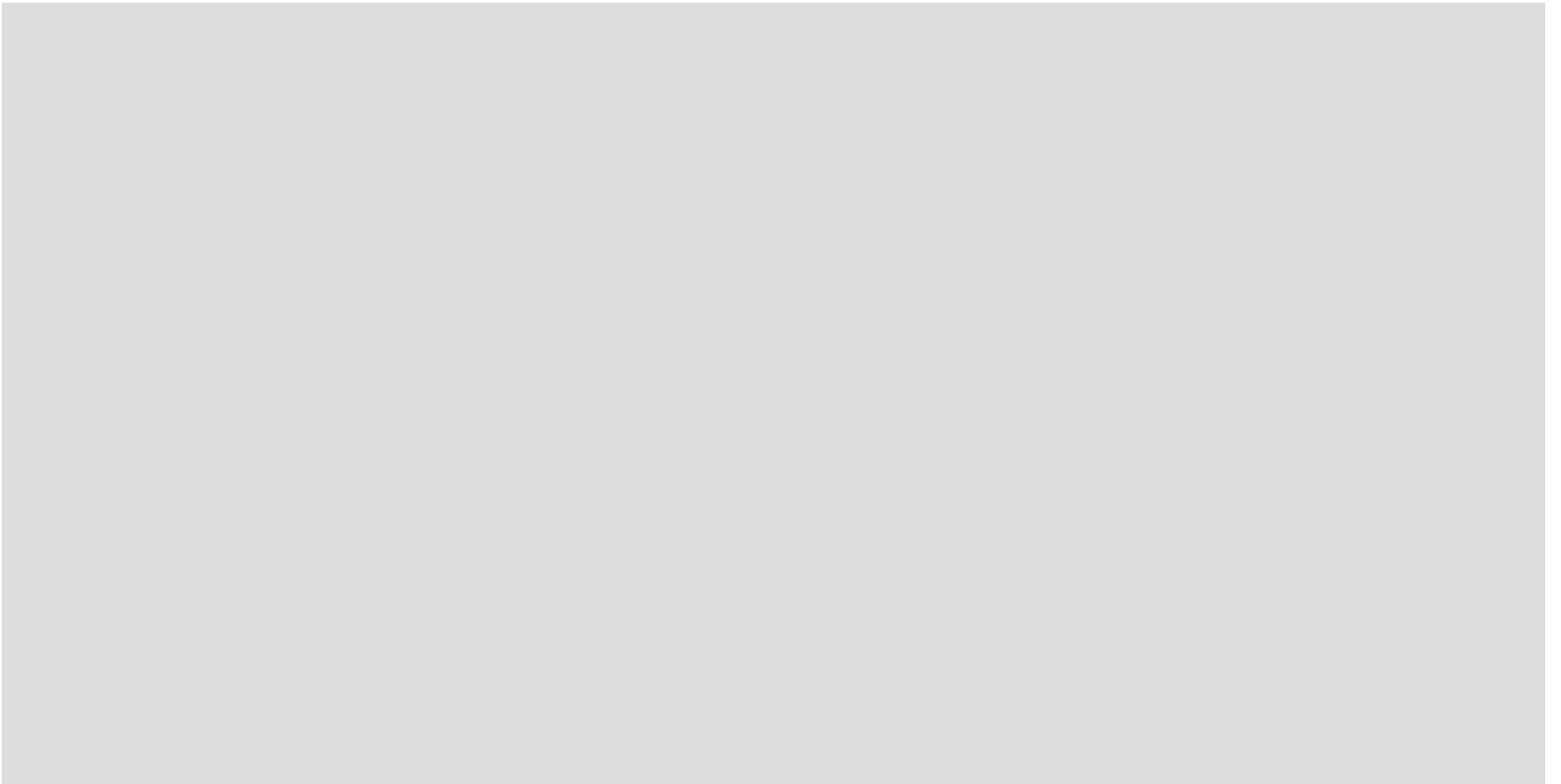
What are your child's strengths?



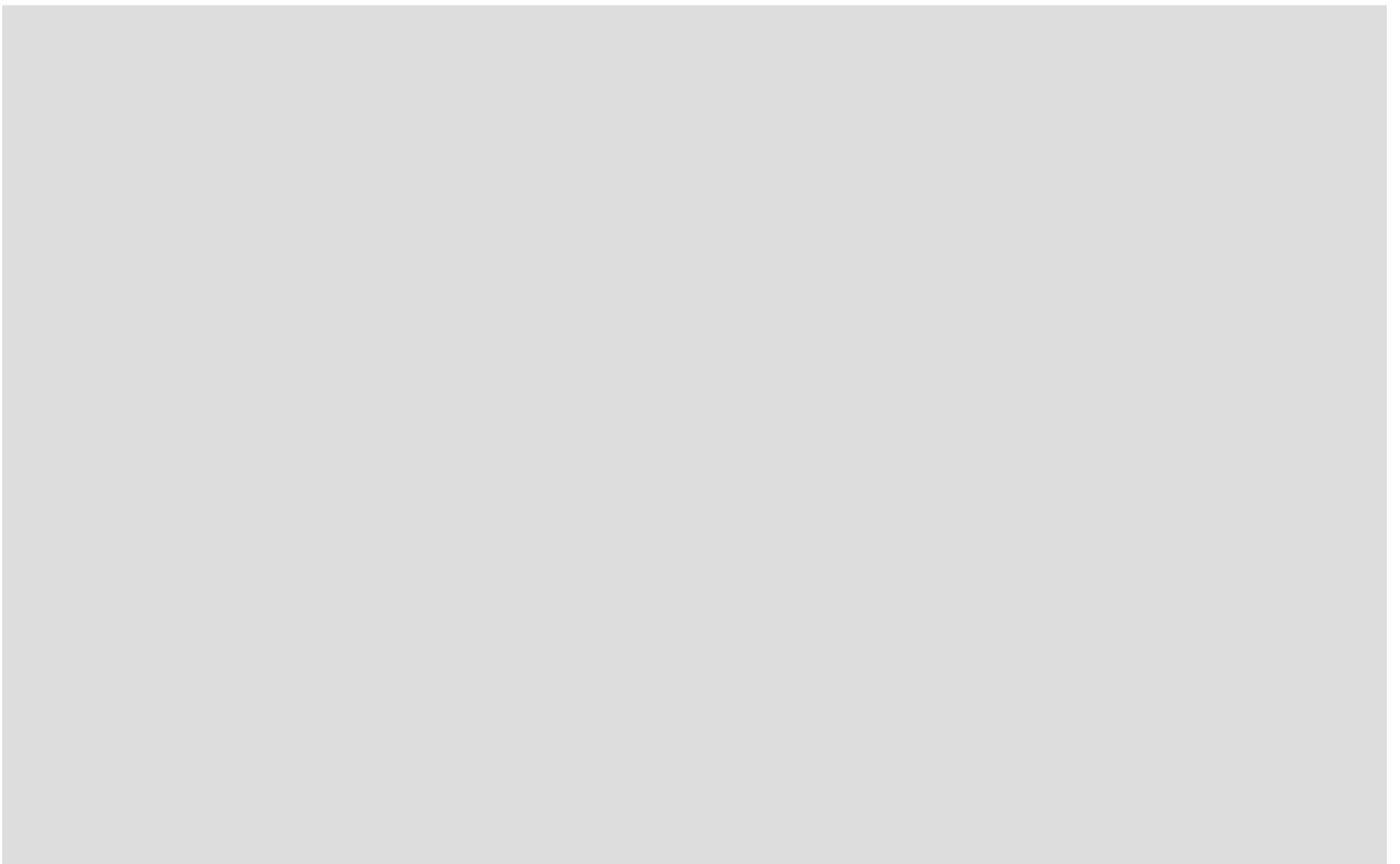
What are your child's areas of opportunity?



What resources will you need to increase your child's strengths?



What resources will you need to address your child's areas of opportunity?



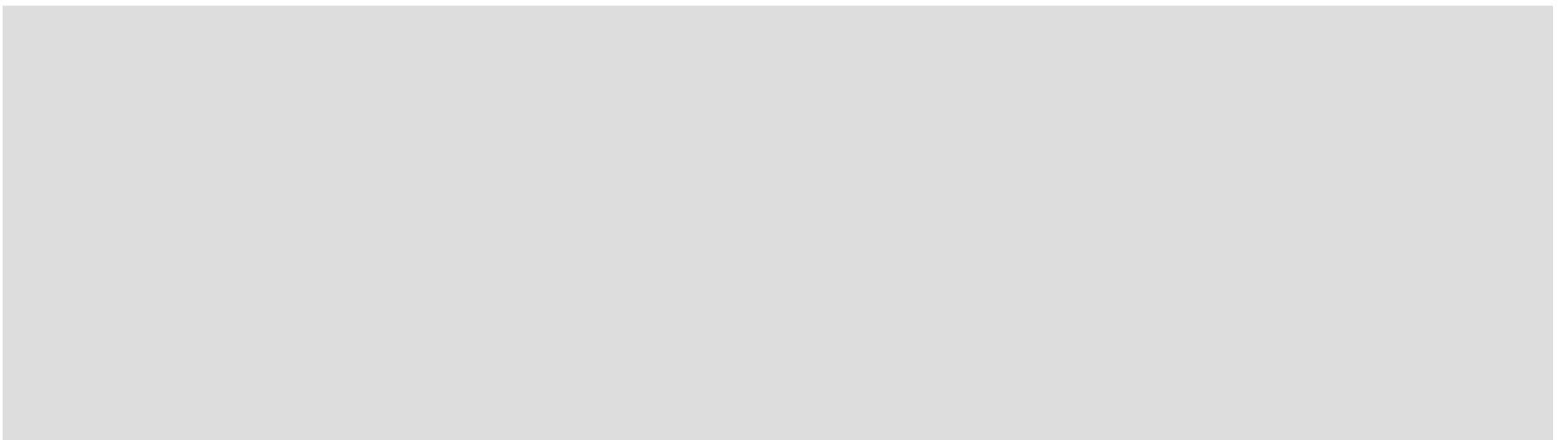
Section 4: Planning for the future

Will your child live in the group home?



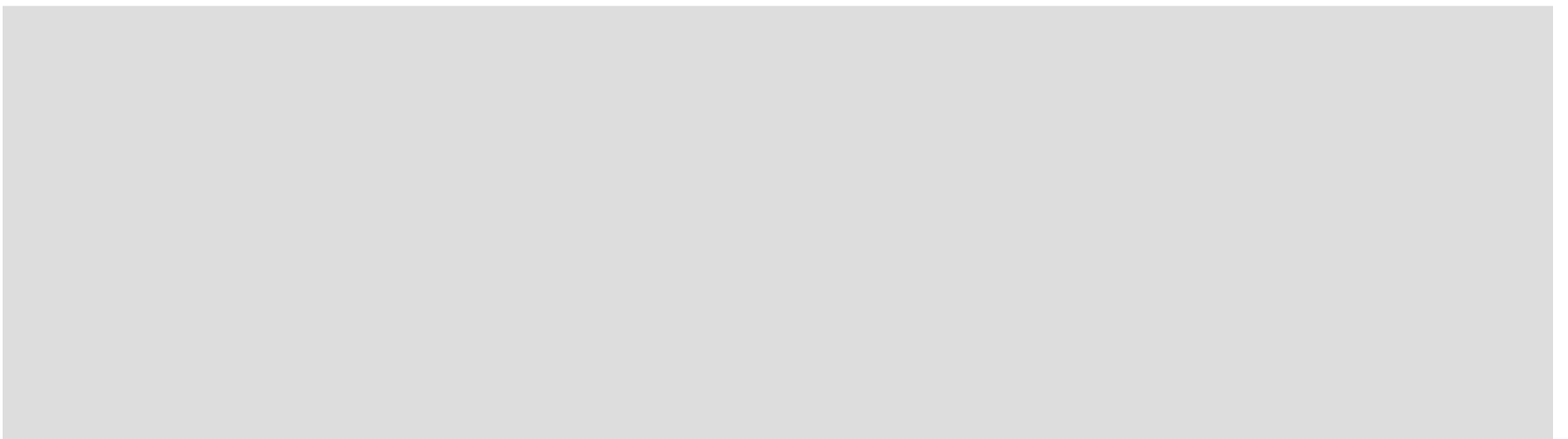
If you need additional assistance in evaluating group homes, please see our [Group Home Checklist](#).

Will your child be able to consume his medications independently?



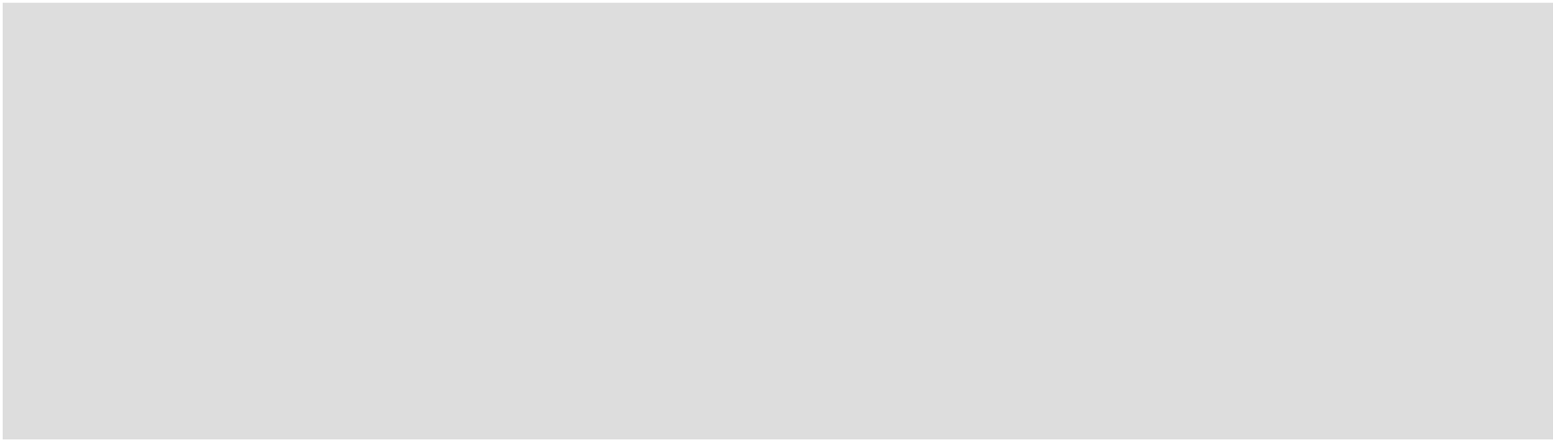
[If you need additional assistance in evaluating your child's ability to consume medications independently, please see our Self Medication Assessment.](#)

Will your child be able to manage his/her money independently?



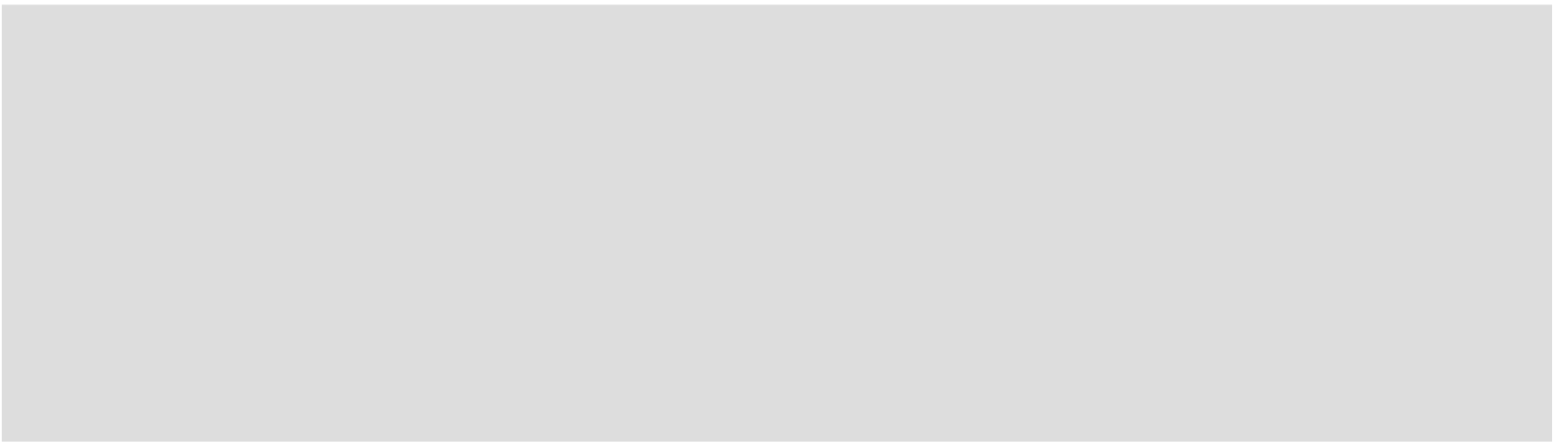
[If you need additional assistance in evaluating your child's ability to manage his/her money independently, please see our Money Management Assessment.](#)

Will your child be able to alone time within the home / community?



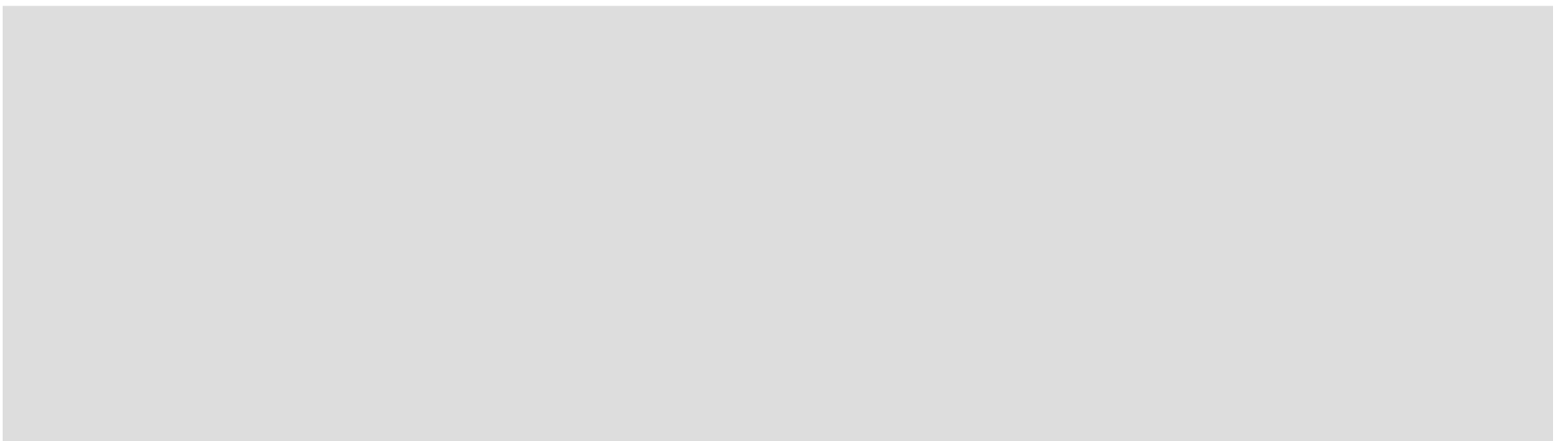
[If you need additional assistance in evaluating your child's ability to have alone time within the home/community, please see our Unsupervised Time Assessment.](#)

Does your child know basic safety skills within the home?



[If you need additional assistance in evaluating your child's home safety skills, please see our Home Skills Assessment.](#)

Does your child currently engage in challenging behaviors?



What resources do you think you will need to ensure your child has a successful and fulfilled life.

